

# The South Australian Little Athletics Association Inc 2009/2010 IGA State Track Relay Championships

## Final Program Sunday 6<sup>th</sup> December 2009

U11 Girls	4x200m	Heats	9:00	U16 Girls	4x100m	Final	18:08
U11 Boys	4x200m	Heats	9:15	U16 Boys	4x100m	Final	18:12
U10 Girls	4x200m	Heats	9:30	U17 Girls	4x100m	Final	18:16
U10 Boys	4x200m	Heats	9:45	U17 Boys	4x100m	Final	18:20
U9 Girls	4x200m	Heats	10:00	U17 Mixed	4x100m	Final	18:24
U9 Boys	4x200m	Heats	10:15	U12 Girls	4x100m	Final	18:28
<b>March Past &amp; Opening</b>			<b>11:00</b>	U12 Boys	4x100m	Final	18:32
Mums	4x100m		11:40	U13 Girls	4x100m	Final	18:36
Dads	4x100m		11:50	U13 Boys	4x100m	Final	18:40
U11 Girls	4x100m	Heats	12:00				
U11 Boys	4x100m	Heats	12:12				
U10 Girls	4x100m	Heats	12:24				
U10 Boys	4x100m	Heats	12:36				
U9 Girls	4x100m	Heats	12:48				
U9 Boys	4x100m	Heats	13:00				
U12 Girls	4x400m	Heats	13:20				
U12 Boys	4x400m	Heats	13:35				
U13 Girls	4x400m	Heats	13:50				
U13 Boys	4x400m	Heats	14:05				
U14 Girls	4x400m	Final	14:20				
U14 Boys	4x400m	Final	14:30				
U11 Girls	4x200m	Final	14:40				
U11 Boys	4x200m	Final	14:45				
U10 Girls	4x200m	Final	14:50				
U10 Boys	4x200m	Final	14:55				
U9 Girls	4x200m	Final	15:00				
U9 Boys	4x200m	Final	15:05				
U12 Girls	4x100m	Heats	15:15				
U12 Boys	4x100m	Heats	15:23				
U13 Girls	4x100m	Heats	15:31				
U13 Boys	4x100m	Heats	15:39				
U14 Girls	4x100m	Final	15:47				
U14 Boys	4x100m	Final	15:55				
U11 Girls	4x100m	Final	16:05				
U11 Boys	4x100m	Final	16:09				
U10 Girls	4x100m	Final	16:13				
U10 Boys	4x100m	Final	16:17				
U9 Girls	4x100m	Final	16:21				
U9 Boys	4x100m	Final	16:25				
U15 Girls	4x400m	Final	16:30				
U15 Boys	4x400m	Final	16:36				
U16 Girls	4x400m	Final	16:42				
U16 Boys	4x400m	Final	16:48				
U17 Girls	4x400m	Final	16:54				
U17 Boys	4x400m	Final	17:00				
U17 Mixed	4x400m	Final	17:06				
U12 Girls	4x400m	Final	17:15				
U12 Boys	4x400m	Final	17:21				
U13 Girls	4x400m	Final	17:27				
U13 Boys	4x400m	Final	17:33				
U15 Girls	4x100m	Final	18:00				
U15 Boys	4x100m	Final	18:04				

# The South Australian Little Athletics Association Inc

## 2009/2010 IGA State Field Relay Championships

### Final Program Sunday 6<sup>th</sup> December 2009

U9 Girls	Long Jump	9:00	U17 Girls	Long Jump	15:30
U10 Boys	Shot Put	9:00	U17 Mixed	Long Jump	15:30
U10 Girls	Shot Put	9:00	U14 Boys	Discus	16:00
U11 Boys	High Jump	9:00	U16 Girls	Shot Put	16:00
U11 Girls	High Jump	9:00	U16 Boys	Shot Put	16:00
U12 Boys	Discus	9:00	U15 Girls	Long Jump	16:00
U12 Girls	Discus	9:00	U13 Girls	High Jump	16:00
U9 Boys	Long Jump	9:00	U13 Boys	High Jump	16:00
U9 Girls	Shot Put	10:00	U14 Girls	Discus	16:00
U12 Girls	Long Jump	10:00	U15 Boys	Long Jump	16:00
U12 Boys	Long Jump	10:00	U17 Boys	Shot Put	16:30
U11 Girls	Discus	10:00	U17 Girls	Shot Put	16:30
U11 Boys	Discus	10:00	U17 Mixed	Shot Put	16:30
U10 Boys	High Jump	10:00	U13 Girls	Discus	17:00
U9 Boys	Shot Put	10:00	U16 Girls	High Jump	17:00
U10 Girls	High Jump	10:00	U16 Boys	High Jump	17:00
U11 Girls	Long Jump	12:00	U15 Girls	Shot Put	17:00
U10 Boys	Discus	12:00	U15 Boys	Shot Put	17:00
U12 Girls	Shot Put	12:00	U14 Boys	Long Jump	17:00
U12 Boys	Shot Put	12:00	U13 Boys	Discus	17:00
U10 Girls	Discus	12:00	U14 Girls	Long Jump	17:00
U9 Boys	High Jump	12:00	U17 Mixed	High Jump	17:30
U9 Girls	High Jump	12:00	U17 Boys	High Jump	17:30
U11 Boys	Long Jump	12:00	U17 Girls	High Jump	17:30
U11 Boys	Shot Put	13:00			
U12 Girls	High Jump	13:00			
U11 Girls	Shot Put	13:00			
U10 Girls	Long Jump	13:00			
U10 Boys	Long Jump	13:00			
U9 Girls	Discus	13:00			
U9 Boys	Discus	13:00			
U12 Boys	High Jump	13:00			
U15 Girls	High Jump	14:00			
U13 Boys	Long Jump	14:00			
U13 Girls	Long Jump	14:00			
U14 Boys	Shot Put	14:00			
U14 Girls	Shot Put	14:00			
U16 Boys	Discus	14:00			
U16 Girls	Discus	14:00			
U15 Boys	High Jump	14:00			
U17 Boys	Discus	14:30			
U17 Girls	Discus	14:30			
U17 Mixed	Discus	14:30			
U15 Boys	Discus	15:00			
U16 Girls	Long Jump	15:00			
U15 Girls	Discus	15:00			
U14 Girls	High Jump	15:00			
U14 Boys	High Jump	15:00			
U13 Girls	Shot Put	15:00			
U13 Boys	Shot Put	15:00			
U16 Boys	Long Jump	15:00			
U17 Boys	Long Jump	15:30			

# The South Australian Little Athletics Association Inc 2009/2010 IGA State Track Relay Championships

## Final Hot Weather Program Sunday 6<sup>th</sup> December 2009

This Hot Weather Program will apply if the forecast temperature is 36°C or higher. Refer General Rules 1.14.

Under 11 Boys	4x200m	Heats	8:00	Under 16 Boys	4x100m	Final	20:31
Under 11 Girls	4x200m	Heats	8:10	Under 16 Girls	4x100m	Final	20:34
Under 10 Boys	4x200m	Heats	8:20	Under 17 Boys	4x100m	Final	20:37
Under 10 Girls	4x200m	Heats	8:30	Under 17 Girls	4x100m	Final	20:40
Under 9 Boys	4x200m	Heats	8:40	Under 17 Mixed	4x100m	Final	20:43
Under 9 Girls	4x200m	Heats	8:50				
Under 12 Boys	4x400m	Heats	9:00				
Under 12 Girls	4x400m	Heats	9:10				
Under 13 Boys	4x400m	Heats	9:20				
Under 13 Girls	4x400m	Heats	9:30				
Under 11 Boys	4x100m	Heats	10:00				
Under 11 Girls	4x100m	Heats	10:06				
Under 10 Boys	4x100m	Heats	10:12				
Under 10 Girls	4x100m	Heats	10:18				
Under 9 Boys	4x100m	Heats	10:24				
Under 9 Girls	4x100m	Heats	10:30				
Under 12 Boys	4x100m	Heats	10:36				
Under 12 Girls	4x100m	Heats	10:42				
Under 13 Boys	4x100m	Heats	10:48				
Under 13 Girls	4x100m	Heats	10:54				
Under 11 Boys	4x200m	Final	18:00				
Under 11 Girls	4x200m	Final	18:05				
Under 10 Boys	4x200m	Final	18:10				
Under 10 Girls	4x200m	Final	18:15				
Under 9 Boys	4x200m	Final	18:20				
Under 9 Girls	4x200m	Final	18:25				
Under 12 Boys	4x400m	Final	18:30				
Under 12 Girls	4x400m	Final	18:35				
Under 13 Boys	4x400m	Final	18:40				
Under 13 Girls	4x400m	Final	18:45				
Under 14 Boys	4x400m	Final	18:50				
Under 14 Girls	4x400m	Final	18:55				
Under 11 Boys	4x100m	Final	19:00				
Under 11 Girls	4x100m	Final	19:03				
Under 10 Boys	4x100m	Final	19:06				
Under 10 Girls	4x100m	Final	19:09				
Under 9 Boys	4x100m	Final	19:12				
Under 9 Girls	4x100m	Final	19:15				
Under 12 Boys	4x100m	Final	19:18				
Under 12 Girls	4x100m	Final	19:21				
Under 13 Boys	4x100m	Final	19:24				
Under 13 Girls	4x100m	Final	19:27				
Under 14 Boys	4x100m	Final	19:30				
Under 14 Girls	4x100m	Final	19:33				
Under 15 Boys	4x400m	Final	19:45				
Under 15 Girls	4x400m	Final	19:50				
Under 16 Boys	4x400m	Final	19:55				
Under 16 Girls	4x400m	Final	20:00				
Under 17 Boys	4x400m	Final	20:05				
Under 17 Girls	4x400m	Final	20:10				
Under 17 Mixed	4x400m	Final	20:15				
Under 15 Boys	4x100m	Final	20:25				
Under 15 Girls	4x100m	Final	20:28				

# The South Australian Little Athletics Association Inc 2000/2010 IGA State Field Relay Championships

## Final Hot Weather Program Sunday 6<sup>th</sup> December 2009

This Hot Weather Program will apply if the forecast temperature is 36°C or higher. Refer General Rules 1.14.

Under 9 Boys	Long Jump	8:00	Under 15 Girls	Discus	18:45
Under 9 Girls	Long Jump	8:00	Under 16 Boys	Long Jump	18:45
Under 10 Boys	Shot Put	8:00	Under 16 Girls	Long Jump	18:45
Under 10 Girls	Shot Put	8:00	Under 17 Boys	Long Jump	18:45
Under 11 Boys	High Jump	8:00	Under 17 Girls	Long Jump	18:45
Under 11 Girls	High Jump	8:00	Under 17 Mixed	Long Jump	18:45
Under 12 Boys	Discus	8:00	Under 13 Boys	High Jump	19:30
Under 12 Girls	Discus	8:00	Under 13 Girls	High Jump	19:30
Under 9 Boys	Shot Put	8:45	Under 14 Boys	Discus	19:30
Under 9 Girls	Shot Put	8:45	Under 14 Girls	Discus	19:30
Under 10 Boys	High Jump	8:45	Under 15 Boys	Long Jump	19:30
Under 10 Girls	High Jump	8:45	Under 15 Girls	Long Jump	19:30
Under 11 Boys	Discus	8:45	Under 16 Boys	Shot Put	19:30
Under 11 Girls	Discus	8:45	Under 16 Girls	Shot Put	19:30
Under 12 Boys	Long Jump	8:45	Under 17 Boys	Shot Put	19:30
Under 12 Girls	Long Jump	8:45	Under 17 Girls	Shot Put	19:30
Under 9 Boys	High Jump	9:30	Under 17 Mixed	Shot Put	19:30
Under 9 Girls	High Jump	9:30	Under 13 Boys	Discus	20:15
Under 10 Boys	Discus	9:30	Under 13 Girls	Discus	20:15
Under 10 Girls	Discus	9:30	Under 14 Boys	Long Jump	20:15
Under 11 Boys	Long Jump	9:30	Under 14 Girls	Long Jump	20:15
Under 11 Girls	Long Jump	9:30	Under 15 Boys	Shot Put	20:15
Under 12 Boys	Shot Put	9:30	Under 15 Girls	Shot Put	20:15
Under 12 Girls	Shot Put	9:30	Under 16 Boys	High Jump	20:15
Under 9 Boys	Discus	10:15	Under 16 Girls	High Jump	20:15
Under 9 Girls	Discus	10:15	Under 17 Boys	High Jump	20:15
Under 10 Boys	Long Jump	10:15	Under 17 Girls	High Jump	20:15
Under 10 Girls	Long Jump	10:15	Under 17 Mixed	High Jump	20:15
Under 11 Boys	Shot Put	10:15			
Under 11 Girls	Shot Put	10:15			
Under 12 Boys	High Jump	10:15			
Under 12 Girls	High Jump	10:15			
Under 13 Boys	Long Jump	18:00			
Under 13 Girls	Long Jump	18:00			
Under 14 Boys	Shot Put	18:00			
Under 14 Girls	Shot Put	18:00			
Under 15 Boys	High Jump	18:00			
Under 15 Girls	High Jump	18:00			
Under 16 Boys	Discus	18:00			
Under 16 Girls	Discus	18:00			
Under 17 Boys	Discus	18:00			
Under 17 Girls	Discus	18:00			
Under 17 Mixed	Discus	18:00			
Under 13 Boys	Shot Put	18:45			
Under 13 Girls	Shot Put	18:45			
Under 14 Boys	High Jump	18:45			
Under 14 Girls	High Jump	18:45			
Under 15 Boys	Discus	18:45			